

Wolverhampton Outreach Service



The Wolverhampton Outreach Service, in partnership with the Best Start Family hubs offer support to parents of children with SEND.

They offer online parent workshops (including Introduction to ADHD / Autism), coffee mornings, drop-in sessions and parent programmes.

The Wolverhampton Information, Advice and Support Service (SENDIASS)

The SENDIASS provides free, confidential and impartial information, advice and support on matters relating to a child or young person's special educational needs or disability from birth to 25 years.



SENDIASS can be contacted by phone: 01902 556945

or, email: ias.service@wolverhampton.gov.uk

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。



The Royal Wolverhampton
NHS Trust

Waiting Well



The prevention of infection is a priority in all healthcare settings and everyone has a part to play.

- Please decontaminate your hands frequently using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, a cough or other respiratory symptoms, a temperature or an unexplained rash which could be infectious please do not visit the hospital or any other care facility. If your visit is essential then phone ahead to the department that you are visiting
- If you are unwell seek advice from 111 or your GP if required
- Help us to keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.



Care Colleagues
Collaboration Communities

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Introduction

To help you feel informed, confident and supported, this leaflet has been developed to share links to helpful resources and services which can be accessed whilst you are waiting for an appointment.

Whether you are looking for specific advice, or support to promote your child's wellbeing, you will find links below to local services and support.

Waiting Well Playlist



To access our Waiting Well Playlist, please scan the QR code. Here you can access advice and guidance relating to:

- Sleep Challenges
- Toileting Challenges and Constipation
- Restrictive and overeating
- Dental Hygiene
- Sensory Challenges and Strategies to Support

You can also access videos showing what it's like to attend a clinic appointment, blood test appointment and QB appointment at the GEM Centre.

0-19 Service



The 0-19 Healthy Child Programme (HCP) is a universal service available to all children from birth until the age of 19 in Wolverhampton.

It consists of the following four key services:

- Health Visiting
- School Nursing
- Partnering Families Team (PFT)
- and Health Inclusion Team (HIT).

Healthy Child Wolves App



The 'Healthy Child Wolves' app gives parents quick and easy access to health advice and practical tips for their 0-5-year-old.

You'll find lots of tips, advice and signposting to support from pregnancy to getting your child ready for school, and everything in between. There are dedicated sections for: **My pregnancy, My new baby, My toddler and Getting my child ready for school.**

Download Healthy Child Wolves to your mobile or tablet for free from Google Play or the App Store.

Chat Health

ChatHealth is an NHS text messaging service for young people across Wolverhampton.

11–19-year-olds can text a School Nurse on **07507 332 631** to get confidential advice and support for a range of health and wellbeing issues, including:

- Anxiety, emotions and anger
- Bullying
- Family issues and friendships
- Sexual health and contraception
- Smoking, alcohol and drugs
- Sleep
- Staying healthy



School Nurses can also put young people in touch with other local NHS or support services that can help.

School Nurse SEND Parent Workshops

Does your young person have an EHCP or have health challenges relating to SEND?



Our School Nurse in Mainstream team are hosting workshops at a selection of locations in Wolverhampton. Scan the QR code for more information.

The Local Offer

The Wolverhampton Local Offer is a single place to access information, services, and resources offered to support children and young people who have special educational needs (SEN) and disabilities from birth to age 25.



Please scan the QR code to access the Local Offer Wolves website to access and identify support on offer.

Best Start Family Hubs



Please scan the Best Start Family Hub QR code to access details on where you can find your nearest Best Start Family Hub

You can use these hubs to access information and advice relating to:

- Child development
- Infant feeding support
- Emotional health and wellbeing
- Parenting support
- SEND support