



The Royal Wolverhampton
NHS Trust

Moving to Adult ADHD Services





Contents

	Page
Moving to adult ADHD services.....	1
Resources for ADHD	2
Other services.....	4
Mental health and wellbeing	8
Sexual health	10
Careers.....	11
Find a.....	12



Moving to Adult ADHD Services:

What You Need to Know

As you turn 18, your ADHD care will move from the Royal Wolverhampton NHS Trust's children's services. If you're currently taking ADHD medication, you'll be invited to a face to face appointment to talk about your transition and give consent for referral to the Adult ADHD & Autism Service (AAA) run by Black Country Healthcare NHS Foundation Trust. Your nurse will check that medication and other important details are up to date before your referral is sent. If you're not taking ADHD medication, your care will be transferred back to your GP with information to help you continue managing your ADHD.

What the Adult ADHD & Autism Service Offers (AAA)

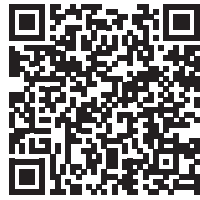
The AAA service supports adults with ADHD and Autism by providing:

- Diagnostic assessments for ADHD and Autism
- Ongoing ADHD management, including medication review, if you already have an NHS ADHD diagnosis

The team focuses on ADHD and Autism assessment and treatment. They can't provide crisis or emergency mental health support. If you ever feel unsafe or need urgent help, you should contact your GP, visit A&E, call NHS 111, or reach out to the Samaritans on 116 123.

Resources for ADHD

Adult ADHD & Autism Service



ADDISS

National Attention Deficit Disorder Information and Support Service

Phone 020 8952 2800



ADHD and you



Cerebra Sleep Service



Working wonders for children with brain conditions

Phone 0800 328 1159



Contact a Family

Phone 0808 808 3555

contact *For families
with disabled children*



ADHD UK

ADHD UK



Other services



Annual Health Checks



If you have a learning disability, you are entitled to an Annual Health Check from the age of 14 at your GP surgery. An Annual Health Check is a yearly appointment that gives your GP time to check your overall health, talk about anything you're worried about, and make sure you're getting the right support. It's important because it helps spot any health issues early, keeps you well, and ensures your healthcare is planned around what you need.



Mental Capacity Act resource pack for family carers of people with a learning disability



Wolverhampton IASS



Wolverhampton Information,
Advice and Support Service



Wolverhampton IASS (Information, Advice and Support Service) is a free, confidential service that helps children and young people with special educational needs or disabilities understand their rights and get the support they need. They can help you with things like understanding school or college support, learning about Education, Health and Care Plans (EHCPs), and getting your views heard in meetings. They also offer advice about health, education, and social care, and can support you to take part in decisions about your future.

Learning Disability Community service



WV Social Prescribing



WV Social Prescribing is a service that helps young people get extra support for their wellbeing by linking them with local activities, groups, and services. A link worker can help you find things that might make life feel easier, like youth groups, hobbies, mental health support, or community activities, based on what you enjoy or need. You can be referred by a school nurse, your GP, or a healthcare professional if they think it could benefit you.

The Sleep Charity



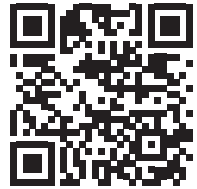
Housing

**CITY OF
WOLVERHAMPTON
COUNCIL**



Money advice trust

MONEY
ADVICE TRUST



Mental health and wellbeing

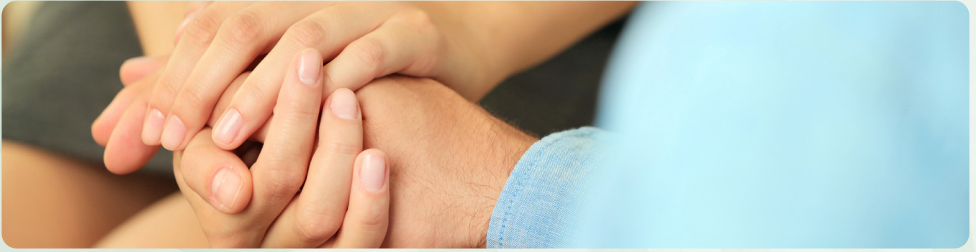


Whatever you're feeling, we're here to help



Since 1998, across Wolverhampton and surrounding areas, Base 25 have been supporting children, young people and families in shaping their lives.





Anyone in a mental health crisis can call 111 and receive support from trained mental health professionals. The 24/7 service is available for all ages, including children, providing vital help through a single phone line.

Wolverhampton Talking Therapies



Wolverhampton Talking Therapies is a psychological therapies service for people who are experiencing common mental health problems including depression, anxiety and stress. If you are aged 16 years or older, are registered with a GP in Wolverhampton, and are not already accessing another service to support your mental health, you can get in touch.

Wolverhampton Healthy Minds

Wolverhampton Healthy Minds offers brief psychological therapy for people experiencing common mental health problems such as low mood, anxiety and stress. If you are 16 or over and registered with a GP in Wolverhampton, we can help.



Sexual Health

Embrace
Wolverhampton Sexual Health Service



**Let's chat
sexual health**

Text

07480 635 548

for confidential support and advice.

 ChatHealth

www.embracewolverhampton.nhs.uk

rwh-tr.embrace@nhs.net

To attend a Embrace clinic, you need to book an appointment. Please call 01902 444444 and let us know if you would prefer to attend a particular venue.

Scan the QR code for a list of pharmacies across Wolverhampton where you can get free emergency hormonal contraception (also known as the 'morning after pill'). Please call for more information and opening times.



Wolverhampton

LGBT+



<https://wolverhamptonlgbt.org>

Telephone Number: 07824 031187

Careers



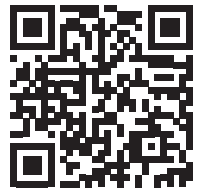
Workbox

WOLVES
AT WORK



National careers

National
Careers
Service



Connexions

connexions

WOLVERHAMPTON



Find a...



**GP near me NHS
search:**




**Dentist near me
NHS search:**



**Eye test near me
NHS search:**





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