The Royal Wolverhampton
NHS Trust

Useful information for you and your family on what to bring with you when you come into hospital

Pre-Op Assessment

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- **Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available**
- **If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111**
- **Keep the environment clean and tidy**
- **Let's work together to keep infections out of our hospitals and care homes.**

All patients should bring a **SMALL** overnight bag in case there is a delay in you going down to the theatre.

What personal items should I bring into hospital?	**Tick when packed**
All medicines that you are currently prescribed and taking **(please do not bring Dossett boxes, all tablets should be in their original boxes) DO NOT BRING ANY CONTROLLED MEDICINES WITH YOU, for example: any form of morphine, codeine phosphate, fentanyl patch, pregabalin.**	
Your glasses, hearing aids and dentures (if you wear them), together with their storage cases (these should be clearly labelled, to help keep them safe and to help prevent loss or damage).	
Nightwear (nightdress, pyjamas, shorts & t-shirt) for one night.	
Lightweight dressing gown (to put over your theatre gown).	
Full slippers (not mules, flip-flops or slides).	
Toothbrush and toothpaste.	
Mobile phone and charger.	
Medium sized 'Bag for life' or strong carrier bag (to put your dressing gown & slippers in when you arrive in the theatre anaesthetic room). These items will be returned to you on the ward after your surgery.	

What happens if my stay in hospital is planned to be longer than one night?

Please ask relatives / next of kin to bring any other items that you will require for the rest of your stay.

These items should be brought into the hospital when you are on the ward following your surgery.

Please bring only your overnight bag on admission.

We expect you to take responsibility for your property whilst you are in hospital.

What should I not bring?

DO NOT BRING: Money, items of value, jewellery (wedding bands may be worn)

- You will be asked to sign a property disclaimer form, confirming that you agree to take responsibility for your property whilst in hospital
- When you are discharged from hospital, you should carefully check your property before you leave the hospital, and tell a member of staff if anything is missing

If you have any queries, please contact the pre-operative assessment on **01902 695587**.

Thank you.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。

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