The Royal Wolverhampton
NHS Trust

Important advice to keep you safe from Coronavirus prior to having a procedure

Radiology

In conjunction with your Consultant, a decision has been taken to make arrangements for your procedure to go ahead.

Your safety whilst we plan and provide the care and treatment you need is a priority to us and this leaflet gives you advice on how to protect yourself leading up to your procedure.

If you have any questions or concerns please contact Interventional Radiology on **01902 307999 extension 6344**

Follow social distancing and hand hygiene measures

We ask you to follow comprehensive **social-distancing and hand hygiene** measures for **7 days** before admission.

When you leave your home you should follow the government guidelines on staying safe outside your home. You should continue to avoid close contact and remain socially distant from anyone you do not live with or who is not in your support bubble–even inside other people's homes. You should wash your hands regularly and wear a face covering in enclosed public spaces where social distancing is difficult and there are people you do not normally meet. You are required by law to wear face coverings on public transport and in shops.

Full guidance can be found at the Government website http://www.gov.uk/government/publications/staying-alert-socialdistancing.

Ask the rest of your household to support you to stay safe and stringently follow guidance on social distancing, reducing their contact outside the home.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- **Wash your hands with soap and warm water and dry thoroughly. Use hand gel, if provided, in care facilities.**
- **If you have symptoms of diarrhoea and vomiting stay at home and do not visit relatives that are vulnerable in hospital or in residential care. You will spread the illness.**
- **Keep the environment clean and safe. Let's work together to keep it that way. Prevention is better than cure.**

Attend the hospital 72 hours prior to your procedure for a test for coronavirus

Arrangements will be made for you to attend the hospital 72 hours prior to your procedure so that we can undertake a nose and throat swab to test that you are clear from coronavirus. Test results are usually back between 24 and 48 hours. No test is 100% sensitive but if the test is negative it reduces the risk that you may be infected and will allow the procedure to take place.

If you test positive for coronavirus we will contact you to discuss options for further treatment.

Following your test we ask you to stay at home and isolate until your admission date. During this period avoid all face-to-face contact, except from those that you live with and carers and healthcare workers who you must see as part of your medical care. This will protect you as much as possible from coming into contact with coronavirus.

Stay at home and isolate following your test

In your home, you should:

- Minimise the time you spend with others in shared spaces (kitchen, bathroom and sitting areas) and keep shared spaces well ventilated
- Aim to keep 2 metres (3 steps) away from others and encourage them to sleep in a different bed where possible
- Use separate towels and, if possible, use a separate bathroom from the rest of the household, or clean the bathroom after every use
- Avoid using the kitchen when others are present and take your meals back to your room to eat where possible, and ensure all kitchenware is cleaned thoroughly.

Please do not use any form of public transport.

Please ask for help from friends, family or a support network in your community who can assist you to get food and medicine during this period. When arranging food or medication deliveries, these should be left at the door to minimise contact.

Attend for your procedure. If you think you have developed symptoms of coronavirus seek medical advice from NHS 111

Attending for your procedure–Whilst the possibility of developing or contracting coronavirus whilst you are in hospital remains, we will do everything possible to limit this. Staff will wear appropriate protective clothing and if you need an overnight stay after your procedure, you will be transferred to a ward with patients who have no symptoms or diagnosis of coronavirus. We will aim to discharge you as soon as you are medically fit.

If you anticipate needing any additional support at home when you are discharged, please let us know before your admission so that we can start to make plans.

If at any point prior to your procedure, you think you have developed symptoms of coronavirus, such as a new continuous cough and/or high temperature (above 37.8 °C), loss of taste and/or smell, seek clinical advice using the NHS 111 online coronavirus service (https://111.nhs.uk/covid-19/). If you do not have access to the internet, call NHS 111.

Do this as soon as you get symptoms and contact Interventional Radiology on extension 6344.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。

Designed & Produced by the Department of Clinical Illustration,
New Cross Hospital, Wolverhampton, WV10 0QP Tel: 01902 695377.