

Welcome to the Neonatal Unit



West Midlands
Perinatal Network

My notes/questions/thoughts



Please feel free to use this section to note down any questions or thoughts that you may have.

Handwriting practice lines for notes.



MI_15905914_02.12.25_V_1
Review Date: 01.12.2028

<https://royalwolverhampton.nhs.uk/service/maternity-and-neonatal-services/>

Welcome to New Cross Hospital



West Midlands
Perinatal Network

Welcome to the Neonatal Unit

Useful and important information for you at the start of your journey with us



Getting Here

Address: Wednesfield Road, Heath Town, WV10 0QP

The Neonatal Unit is on the first floor of Zone D, in the Women's & Neonatal Centre. There are parking concessions for parents/carers, speak to a member of staff for information.

You can take buses: 9, 53, 57, 59, 65, 69, 70, 71

Toilets

Toilets are located through Maternity reception and in the Parents sitting room on the Neonatal Unit.

Food & Refreshments

There are spaces available for families and facilities for food and drinks.

Parents who are present with their baby during the day, will be offered food at breakfast, lunch and teatime. Please ask a member of staff for more information.

Places of worship

There is a chapel and a multi-faith prayer room within the hospital. Please ask a member of staff for more information.

[View our virtual tours for more information](#)



Contact Information

Call Neonatal Reception:
01902 694032

FOR A VIRTUAL TOUR
SCAN ME



WIFI Information

NHS Wi-Fi
Register for free access



<https://royalwolverhampton.nhs.uk/service/maternity-and-neonatal-services/>

The Royal Wolverhampton
NHS Trust



Welcome to the Neonatal Unit

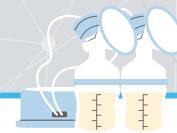


West Midlands
Perinatal Network

You are an essential part of your baby's care, and we want to encourage you to be with your baby as much as you can. The nursing and medical care your baby receives cannot replace your love and presence. **Your baby knows you are there, they love being close to you and hearing your familiar voice.**



We will support you to be fully involved in your baby's care and to become a part of the neonatal team. **There are no restrictions for parents/carers, day or night.** A member of the team can tell you about other family or friends visiting.



Feeding Your Baby

Your breastmilk is like **medicine for your baby**.

Early expressing of **Colostrum** (the first milk) is encouraged immediately after birth. These small drops will be given to your baby as soon as possible and will **protect them from infection** and **support their growth and immune system**.

More information about feeding your baby can be found here:



Your Wellbeing

We understand that having a baby in the neonatal unit can be a difficult time for you and your family. Your wellbeing is very important and **staff are here to listen and support you at this time.**

If you are unsure of anything or require any support, please ask a member of the neonatal team.



<https://royalwolverhampton.nhs.uk/service/maternity-and-neonatal-services/>

Welcome to the Neonatal Unit



West Midlands
Perinatal Network

On the neonatal unit

- When you arrive, it might take a minute or two to answer the door buzzer.
- Preventing infection on the neonatal unit is important, please make sure you wash your hands when you arrive and before contact with your baby.
- It helps to keep cot spaces as clear as possible, please leave your coat and any other belongings in the spaces provided.
- Staff will explain the equipment and monitors on the unit, more information can be found on the **BLISS website** below.



Bliss

for babies born
premature or sick



There is lots of information available about neonatal care and support available via the **BLISS website**, which can be found here when the time is right for you.



<https://royalwolverhampton.nhs.uk/service/maternity-and-neonatal-services/>



The Royal Wolverhampton
NHS Trust



The Neonatal Journey

This information is part of a document called '**The Neonatal Journey**' which is designed for you to complete together with staff on the unit. It helps us to get to know you as a family and to work through caring for your baby at different stages of your neonatal journey.

