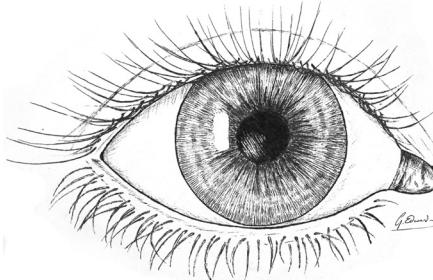


Post-Cyst Removal

Ophthalmology



The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Introduction

This leaflet is intended for patients who have a cyst on their eye that requires removal.

What should I do following removal of the cyst?

- Keep the pad on for the next four to six hours. Then you can take it off and throw it away. Your eye does not need to be covered at all after this
- Apply the ointment that the Doctor has prescribed for you by gently pulling down the lower lid of your affected eye and squeezing a little of the ointment into the space behind the eyelid and eyeball. The Doctor will advise how often this is required

What should I expect following the procedure?

- Your eyelid may feel a little sore during the rest of the day. If so, take your usual brand of pain killer as directed on the packet
- Any bruising should disperse naturally over the next week or so

What precautions should I take following the procedure?

- Do not go swimming for the next couple of weeks

In the unlikely event of bleeding from your eyelid, apply direct pressure to the closed eye using a clean tissue. If the bleeding does not stop, please contact the hospital.

What should I do if I need advice or information?

Staff in Ophthalmology are here to help and are contactable as follows:

Eye Referral Unit

01902 695805

Monday – Friday, 8:00am – 5:00pm

Weekends, 8:00am – 5:00pm

Mary Jones Ward

01902 695801

Monday – Friday, 7:00am – 7:30pm

Outpatients Department

01902 695831

Monday – Friday, 8:30am – 5:00pm

Outside of these hours, please attend the main Emergency Department or contact NHS Direct on telephone number 111.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਢੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਢੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。

Designed & Produced by the Department of Clinical Illustration,
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