

Use of Surgical Instruments in Podiatry

Podiatry

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Introduction

Podiatrists and podiatry clinical staff including undergraduate and apprentice podiatrists are trained to use a variety of surgical instruments; these include items such as scalpels and nail clippers.

Why would a podiatrist need to use them on my foot?

Your podiatrist will discuss your management or treatment plan with you before they undertake any physical treatment and will ask for your consent to do so.

Each patient is different, and your podiatrist may need to use one type of surgical instrument or lots of different types. These instruments are used to remove hard skin (callus) and deeper corns which helps to reduce pain and protect your skin from ulceration. We also use surgical instruments when undertaking toenail surgery and to remove hard skin or dead tissue from around an ulceration. These will often cause bleeding, but your podiatrist will give you further information should you suffer with ingrowing toenails or ulcerations.

Is treatment painful?

All treatments come with the risk of pain or discomfort. Each patient has a different tolerance to pain, this can be different for the same patient at each visit. Your podiatrist will do everything they can to minimise any pain or discomfort during treatment.

It is your decision not to have treatment, however if you decide against an advised course of treatment there is a risk that the condition you presented with could worsen and deteriorate.

Could the podiatrist cut me if they use surgical instruments on me?

All treatments using surgical instruments come with a risk of causing a cut and using sharp instruments on fragile skin can place you at risk of bleeding.

Most of these cuts are minor and can be treated with a simple dressing which will need to be kept dry and in place for 24-48 hours. Should this happen, the podiatrist will advise you on what to do and when to remove your dressing.

Could I get an infection if I am cut?

Infections are extremely rare, however there is an increased chance of infection if you do not follow the podiatrist or podiatry team's instructions.

All the surgical instruments used within the department are sterile at the time of opening, so the risk of infection is minimal from these instruments.

Contact details

Podiatry Department Phoenix Health Centre

Parkfield Road

Wolverhampton WV4 6ED

Tel: 01902 444044

Opening Times:

Monday – Friday, 8:30am – 4:30pm excluding Bank Holidays.

Diabetic Foot Clinic

New Cross Hospital

Wolverhampton Road

Wolverhampton

WV10 0QP

Tel: 01902 69531

Opening Times:

Monday-Friday, 08:30am-4:30pm excluding Bank Holidays.

For further information visit

www.royalwolverhampton.nhs.uk/service/podiatry/

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。