

Preparation for Planned Caesarean Section

Perinatal Services Maternity

| | |
|----------|--------------------------|
| Surname | Unit No |
| Forename | NHS No |
| Address | DOB |
| Postcode | (or affix patient label) |

Your planned surgery is due to take place on the week commencing:

Occasionally it may be necessary to rearrange your operation to another day. This may be because another woman has a more urgent need for delivery on a particular day due to the availability of specialist staff.

The reason you are having a caesarean section is:

1:

2:

Pre-op appointment

A pre-op appointment will take place 48 hours prior to your planned surgery date on the Fetal Assessment Unit / Maternity Triage.

Leaflets

You should be given the following leaflets in clinic:

| | Tick | Sign | Date |
|---------------------------|------|------|------|
| Enhanced recovery pathway | | | |

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|--|---|---|---|
| <p>C-sections – Everything you need to know</p>  | <p>Caesarean birth advice and information – Labour Pains</p>  | <p>Contraception choices post birth</p>  | <p>Skin-to-skin at c-section</p>  |
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Your planned caesarean section journey

