

# Welcome to the Haemato-oncology Multi-disciplinary Team

Clinical Haematology Unit

## Who is this information for?

This leaflet has been written to help you understand more about the services and support available to patients with haematological cancers.

You may also find this leaflet helpful if you are a relative or carer of a patient.

## What is a Multi-disciplinary Team?

A Multi-disciplinary Team is a specialist team of health professionals who look after patients with a specific type of cancer. You will have been referred to the team for specialist assessment and possibly for treatment. This could mean chemotherapy, radiotherapy, or support with symptom control and the management of your cancer.

The Haemato-oncology Multi-disciplinary Team meets formally once a week to discuss patients with suspected and known haematological cancers.

Your case will be discussed at various times in the Multi-disciplinary Team meeting.

With you, the team will make decisions regarding your treatment and care.

## Who makes up the Haemato-oncology Multi-disciplinary Team?

The Haemato-oncology Multi-disciplinary Team is made up of the following core members:

### Consultant Haematologists

A Consultant Haematologist specialises in diagnosing and managing patients with blood malignancies and treating them with chemotherapy where necessary.

### Consultant Oncologists

- A Consultant Clinical Oncologist specialises in treating patients with radiotherapy and chemotherapy. You will be referred to a Consultant Clinical Oncologist if it is felt that you need radiotherapy treatment.
- A Consultant Medical Oncologist specialises in treating patients with chemotherapy.

### Consultant Surgeons

A Consultant Surgeon is a doctor who operates to take a biopsy to confirm the diagnosis of your disease and/or to treat the disease with surgery. If cancer is diagnosed the surgeon will refer you to a cancer specialist for your ongoing treatment and care.

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

## **Consultant Radiologists**

A Consultant Radiologist specialises in helping to diagnose your cancer, assess the extent of your disease and response to treatment with tests such as CT scans and X-rays. Together with the rest of the Multi-disciplinary Team he/she helps decide your treatment plan, assesses your response to treatment and how best to monitor your response.

## **Consultant Histopathologists**

A Consultant Histopathologist specialises in diagnosing your cancer and the extent of your disease from tissue samples (biopsies) taken from different diagnostic tests and procedures.

## **Clinical Nurse Specialists**

A Clinical Nurse Specialist provides information, advice and support during your diagnosis and treatment and is involved in the administration of your treatment and the management of your care.

## **Research Nurses**

A Research Nurse co-ordinates clinical trials and is involved in the management of patients taking part in clinical trials. If you decide to take part in a clinical trial you will be formally referred to the Research Nurse. If you would like to discuss the possibility of taking part in a clinical trial with the Research Nurse, please ask your Consultant or Clinical Nurse Specialist who can arrange this for you.

## **Multi-disciplinary Team Co-ordinator**

The Team Co-ordinator organises our weekly meetings and ensures the smooth running of the team.

## **Additional Team Members**

You may or may not be referred to other members of the Multi-disciplinary Team. This will depend on your individual needs and symptoms.

Some of the other members of the Multi-disciplinary Team and sources of support that you may meet or wish to contact are listed below:

- Dietitian
- Counsellor
- Physiotherapist
- Radiographer
- Occupational Therapist
- Complementary Therapist
- Pharmacist
- Chaplaincy Team
- Social Worker
- Psychologist
- Palliative Care Team
- Support Group

Information from the above is available on request.

## **What can I expect from my Multi-disciplinary Team?**

- To be given written information to take away and read about your diagnosis and proposed treatment. If you would like a written copy of the consultation at which your diagnosis and treatment options are discussed please ask your Consultant at the time and a copy of the letter will be sent to you.
- To be referred to the Clinical Nurse Specialist when informed of your diagnosis.
- To be told the name of your 'Key Worker' (see below).
- To start treatment (if required) within 31 days of your diagnosis.
- To agree a treatment plan jointly with your Consultant.
- To have your GP kept up to date with your care and treatment.
- To be informed of local and national support services.
- To request a second opinion about your diagnosis and treatment plan.

## What is a 'Key Worker'?

A 'Key Worker' is a member of the Multi-disciplinary Team who is your named contact within the team and takes a key role in co-ordinating your care and treatment.

It may be that the Consultant responsible for your ongoing management takes on the role of Key Worker.

Your Consultant is.....

Tel No.....

It may be that your Key Worker will change at different points throughout your treatment and you will be informed of this.

Please use the space below to record the name of your current Key Worker, their contact details and any changes:

Date: .....

Key Worker: .....

Contact details: .....

## Will my confidentiality be protected?

Yes. All aspects of information regarding your tests, diagnosis and treatment plan will be treated in a confidential manner. Only members of the Multi-disciplinary Team and other health professionals that it is thought necessary will have knowledge of your diagnosis and treatment.

## Will my data be protected?

Yes. Confidential data is sent to relevant national organisations such as the Department of Health. This is in accordance with national data requirements and the Data Protection Act 1998.

## Who should I contact for advice and support?

During normal working hours (Monday-Friday, 8:30am - 4.30pm) please contact your Clinical Nurse Specialist. If you wish to speak to any other members of the Haemato-oncology Multi-disciplinary Team, your Clinical Nurse Specialist will be able to contact them on your behalf.

### **Wolverhampton patients:**

Please telephone 01902 695276 (there is an answer-phone facility on the above number if you wish to leave a message out of hours.)

If you need urgent advice about your treatment or the side effects outside of normal working hours, please contact the Clinical Haematology Unit on 01902 694242 or 01902 694241 - 24 hours and ask to speak to the nurse in charge. There is also a 24 hour triage number; 07920 587036.

### **Walsall patients:**

Please telephone 01922 656540

If you need advice about your treatment or its side effects outside of normal working hours, please contact Kestrel Ward 01922 721172 Ext 6729 / 6730.

## Where will I be seen?

### **Wolverhampton:**

If you are attending as an outpatient you will be seen in one of the haematology outpatient clinics which are held either in the Outpatients Department of the Heart and Lung Centre or in the Deanesly Centre at New Cross Hospital.

If you are attending for treatment or further investigations you will either be admitted to the Clinical Haematology Unit as an inpatient or be seen in the Day Case Unit. The Clinical Haematology Unit is situated on the third floor of the Heart and Lung Centre (location B11) at New Cross Hospital.

The Day Unit is situated either in the Snowdrop Chemotherapy Unit (in the Deanesly Centre location C35) or on the Durnall Unit (B12 - which is based in the Heart and Lung Centre on the third floor).

#### **Walsall:**

If you are attending as an outpatient you will be seen in the Pathology Clinic.

If you are attending for treatment or further investigations you will be seen as an outpatient in the Chemotherapy Unit.

You may need to be admitted to the Clinical Haematology Unit at New Cross Hospital in Wolverhampton if you need inpatient or more intensive chemotherapy. This is located on the third floor of the Heart and Lung Centre at New Cross Hospital in Wolverhampton.

## **Where can I get more information?**

### **The Blood Group**

The Haematology Support Group is a group of patients and family members who aim to provide friendship, emotional support and encouragement to current patients and their families.

We are available for anyone, and have experience of dealing with all types of haematological cancers including Leukaemias, Lymphomas and Myelomas.

We aim to put you in touch with someone who has had similar experiences to yourself.

We meet regularly and details of our meetings and any arranged speakers are advertised on the support group notice board on the Clinical Haematology Unit. Similar posters are displayed in clinic areas and sent to local and surrounding GP surgeries.

If you would like further details please contact the Haematology Clinical Nurse Specialist.

## **National Support Services**

### **Leukaemia Care**

One Birch Court

Blackpole East

Worcester

WR3 8SG

Careline: 08088 010 444

Tel: 01905 755977

Email: [info@leukaemiacare.org.uk](mailto:info@leukaemiacare.org.uk)

[www.leukaemiacare.org](http://www.leukaemiacare.org)

Promotes the welfare of people with Leukaemia and allied blood disorders and offers family caravan holidays, friendship and support.

Discretionary financial assistance, newsletters and publications are available.

### **Leukaemia Research**

(change of name from September 2015 to Bloodwise)

39-40 Eagle Street

London

WC1R 4TH

Tel: 020 7405 2200

[www.bloodwise.org.uk](http://www.bloodwise.org.uk) (from September 2015)

Leukaemia Research is devoted exclusively to improving treatments, finding cures and learning how to prevent haematological cancers and the related blood disorders e.g. Myelodysplasia, Aplastic Anaemia and Myeloproliferative Disorders.

**Lymphoma Association**

PO Box 386,  
Aylesbury,  
Bucks  
HP20 2GA  
Helpline 0808 808 5555 (Mon-Fri 9am-5pm)  
Tel: 01296 619400  
E-mail: support@lymphoma.org.uk  
www.lymphoma.org.uk

The association provides information and emotional support for Lymphoma patients and their families. Literature, a quarterly newsletter and videos are available. There is also a network of helpers with experience of the disease and local groups set up in some areas.

**International Myeloma Foundation (UK)**

International Myeloma Foundation (UK)  
22 Logie Mill  
Beaverbank Business Park  
Edinburgh  
EH7 4HG

Myeloma Infoline on 0800 980 3332 (Monday – Friday 9am - 5pm – free to phone from anywhere in the UK)

Tel: 0131 557 3332  
www.myeloma.org.uk

**The IMF @myeloma.org.uk**

The IMF has a range of Information guides and Information sheets available covering many aspects of Myeloma, its treatment and management. It provides access to information and support. Specialist nurses who are supported by medical and scientific advisors will answer your call.

**Macmillan Cancer Support**

Macmillan Cancer Support is a national charity providing telephone advice and free written information on cancer and treatments.

Telephone 0808 808 00 00 Mon – Fri 9.00 am – 8.00 pm  
www.macmillan.org.uk

or contact

**Macmillan Support and Information Centre**

New Cross Hospital  
Wolverhampton  
WV10 0QP  
Telephone 01902 695234 Mon – Fri 10.00 am – 4.00 pm  
Email: rwh-tr.cancercarewolverhampton@nhs.net  
www.cancercarewolverhampton.nhs.uk

## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。