

Warfarin and Direct Oral Anticoagulant (DOAC) Frequently asked Questions

Adult Community Services - Ambulatory Care



Warfarin / Sintrome

Frequently asked Questions

Q. What do I do if the GP makes any changes to my medication?

A. Please contact the Nurse Dosing Line within 7 days of change (telephone number in yellow dosing book) and make them aware that there have been changes to your medication. You will be booked an appointment to attend. Please note this may not be at the venue that you usually attend, however will be the most suitable appointment.

Q. What do I do if I miss a dose of my Warfarin / Sintrome?

A. Please contact the Nurse Dosing Line as soon as possible to arrange for your International Normalised Ratio (INR) to be retested.

Q. Can I take over the counter medication?

A. You can attend your local Pharmacy for any medication queries and advice on all over the counter medication. Always advise your Pharmacist that you are taking Warfarin / Sintrome.

Q. What do I do if I get a bruise?

A. Watch the bruise over a 48 to 72 hour period. If you notice the bruise is worsening or not improving, please contact your GP.

Q. What do I do if I begin to suffer with a bleed (nose / wound / injury)?

A. Apply pressure for 5 minutes to the bleeding area; if this does not stop or worsens, please attend Urgent Care Treatment Centre or Emergency Department. If you begin to feel unwell whilst bleeding, please contact 111 / 999 / GP accordingly.

Q. What do I do if I have a general health query or concern (including skin rashes, feeling unwell, general aches and pains, light-headedness)?

A. Please contact your GP or 111 for advice or an appointment.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Q. Do I need to have my INR checked after the Flu vaccine or Covid booster?

A. Yes, please contact the Nurse dosing line to make an appointment within 7 days of the vaccine. Please note this may not be at the venue that you usually attend but will be the most suitable appointment.

Q. I have been advised to stop my Warfarin / Sinthrome prior to a procedure, what do I do?

A. Follow the advice given by the Hospital Doctor and stop Warfarin when advised; when attending for the procedure ask when you should restart the Warfarin and ask if you should follow the dose in the yellow dosing book. Ring the Nurse Dosing Line and ask for an appointment within 1 week of you restarting the Warfarin.

Q. I have a dental appointment, do I need a recent INR?

A. Not usually for a check-up. If you are having a procedure such as a dental extraction, the Dentist may ask for you to have your INR checked prior to the appointment. Ring the Nurse Dosing line to make an appointment.

Q. I am going on holiday, do I need to follow any special advice?

A. Seek advise via the NHS website (<https://www.nhs.uk/conditions/deep-vein-thrombosis-dvt/>) regarding DVT prevention if flying, ensure you drink plenty of water and move around regularly. If your INR appointment coincides with your holiday, contact the Nurse Dosing Line to change your appointment.

Q. I have been discharged from Hospital and do not have a Warfarin dose or appointment?

A. Contact the Nurse Dosing Line to arrange an INR check.

Q. I am pregnant or planning to conceive, what do I do?

A. Make an appointment with your GP to discuss this, you will need an urgent appointment if already pregnant as Warfarin use is not recommended in pregnancy.

DOACs (Apixaban / Rivaroxaban / Edoxaban / Dabigatran)

Frequently Asked Questions

Q. What do I do if I miss a dose of my DOAC?

A. Once daily dose: Take the missed dose as soon as you remember on that day and then continue the following day with once-a-day dose as usual.

A. Twice daily dose: Only take the missed dose if it is more than 6 hours until your next dose. If it is less than 6 hours until your next dose just miss that dose. Do not take more than 2 doses in one day.

If you are still unsure, contact GP or NHS 111 for further advice.

Q. What do I do if I get a bruise?

A. Watch the bruise over a 48 - 72-hour period. If you notice the bruise is worsening or not improving, please contact your GP.

Q. What do I do if I begin to suffer with a bleed (nose / wound / injury)?

A. Apply pressure for 5 minutes to the bleeding area; if this does not stop or worsens, please attend Urgent Care Treatment Centre or Emergency Department. If you begin to feel unwell whilst bleeding, please contact 111 / 999 / GP accordingly.

Q. What do I do if I have a general health query or concern (including skin rashes, feeling unwell, general aches and pains, light-headedness)?

A. Please contact your GP or 111 for advice or an appointment.

Q. I have been advised to stop my DOAC prior to a procedure (Hospital or Dentist), what do I do?

A. Follow the advice given by the Hospital Doctor or Dentist and stop DOAC when advised; ask them when you can restart your medication. There is no need for an earlier review with us.

Q. I am pregnant or planning to conceive, what do I do?

A. Make an appointment with your GP to discuss this, you will need an urgent appointment if already pregnant as DOACs are not recommended for use during pregnancy.

Q. I have had bloods taken for DOAC review, what happens now?

A. The review will be completed when the blood results are available. We will send you a letter advising you of any issues and when your next blood tests are required. We may contact you when completing the review if we have any questions or queries.

Contact Details

Anticoagulation Service
Pendeford Health Centre
Whitburn Close
Wolverhampton
WV9 5NJ

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。