

# Trial without catheter for post Urology surgery patients

Urology Hospital at Home Service

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Wash your hands with soap and warm water and dry thoroughly. Use hand gel, if provided, in care facilities.
- If you have symptoms of diarrhoea and vomiting stay at home and do not visit relatives that are vulnerable in hospital or in residential care. You will spread the illness.
- Keep the environment clean and safe. Let's work together to keep it that way. Prevention is better than cure.



## Who is this information for?

This leaflet has been written for patients who have undergone Urology Surgery and have been discharged home with a urinary catheter in place.

## What is Urology Hospital at Home?

Urology Hospital at Home is a nurse led service carried out in the community by a team of three senior urology sisters.

## Why have I been chosen to go onto this service?

You have recently had urology surgery and your consultant feels that you are medically fit to be discharged home with your catheter in. You will remain under your consultants care but have the advantage of being in your own home.

## How long will my catheter be in?

Depending on the type of surgery you have had will depend on when your catheter will need to be removed. This could range from 1 day to 4 weeks.

## What is a trial without catheter?

This is a simple procedure carried out in your home. The catheter is removed for a trial period to see whether you are able to pass urine yourself and empty your bladder.

## Will the Ward Nurses teach me how to care for my catheter?

Yes. The ward nurses will show you how to empty your catheter bag before you go home and give you a catheter care leaflet. They will advise you on how to take care of the catheter overnight and what to do if any problems occur. You may experience bypassing, this is when urine leaks down the side of the catheter, it can be helped by drinking plenty of fluids such as a glass of water or squash hourly. If this persists you may need a catheter washout. They will also give you a small supply of spare bags and extra supplies will be ordered if necessary and delivered to your house.

## Who can I contact following discharge if I have a problem?

Depending on the type of surgery you have had you may or may not be referred to the district nurses. You may contact SEU on 01902 694004 within 7 days of your operation.

## How will I know when the Nurse will visit?

A member of the Hospital at Home team will telephone you and arrange a date to have your catheter removed.

## What will happen on the day my catheter is removed?

You will be given an antibiotic prior to your discharge which should be taken between 8.30am and 9.30am on the day that the Hospital at Home team visit.

You will have a morning visit, usually between 9.30am and 12.30pm, when the nurse will carry out an assessment and then remove your catheter. You will be given fluid advice and pelvic floor exercise instructions and the nurse will leave you with their mobile telephone number should you need to contact them.

## Will the nurse visit again?

The nurse will arrange a time for a further visit that evening, usually between 5pm and 7pm, to check you are emptying your bladder properly by carrying out a bladder scan.

## What will happen if my bladder scan is acceptable?

If the bladder scan is acceptable a further visit will be arranged for the following morning and you will be given overnight instructions which will include telephone numbers of who to contact during the night.

The following morning a further bladder scan will be carried out and if this is acceptable you will be discharged from the care of the hospital at home team. When you are discharged you will be informed if you are to have either a telephone follow up or an outpatient appointment. Your GP will also be informed following your discharge.

## What will happen if my bladder scan is unacceptable?

If the bladder scan is unacceptable and you are not emptying your bladder properly you will need to have another catheter inserted by the Hospital at Home nurse. Your consultant will be informed and a further trial without catheter or an outpatient appointment will be arranged. Supplies such as leg bags will be ordered for you and a referral to the district nurses will be made. This information will also be given to your GP.

## Further information and support

If you have any questions or concerns, please contact the Urology Hospital at Home team on 01902 694048. If there is nobody available please leave a message on the answer machine and your call will be returned as soon as possible, this may be the following day. If your call is urgent or overnight please contact SEU Ward on 01902 694004.





## English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

## Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

## Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowałiby Państwo usługi tłumaczenia ustnego lub innej pomocy.

## Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

## Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

## Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。