

Podiatry

The Acute and Community AHP's

Introduction

Your podiatrist has undertaken an assessment of your feet. The purpose of the assessment is to establish an appropriate treatment plan for you.

The treatment plan considers whether your condition is a temporary or permanent problem, if we can resolve it for you and if not, can we improve your mobility and comfort.

Following the assessment, you are given a risk score. The information below explains to you what this risk score means.

What is my Risk Score?

Your risk score is specific to you, and it can move up and down dependent on many factors.

It is important that you work with the podiatry team to ensure that you receive the best care for your feet; this may mean you are discharged to safely self-care or referred to another service if we do not provide the care or treatment you need; for example some nail care.

Level 1:

This is the highest risk; and you will be seen at least once a month while you are considered a Level 1 risk. You will require specialist care and will need to attend regular appointments; you may be referred on to specialist care centres. You will be given advice on how to protect your feet and advice on what to do in an emergency, your risk score can improve from this level.

Level 2:

This is the medium level of risk; you will be seen every 3 months while you are at this risk level. Sometimes we may want to see you more regularly. You will need to attend your appointments and you will be given advice on how to protect your feet and what to do in an emergency.

Your Podiatrist will give you advice on how to safely self-care and may discharge you if you can manage without our help.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Level 3 / 4:

If you have been advised you are in one of these two groups you are at the lowest level of risk, we aim to see you every 4 months while you are at this risk level, however there can be longer delays. If you have waited more than 1 month from when you were advised you were to be seen or you are having issues with your feet, please contact us so that we can check the status of your appointment.

You can go up or down from these risk levels and can be discharged from the service if you no longer meet our access criteria.

Your Podiatrist will give you advice on how to safely self-care and may discharge you if you can manage without our help.

What should I do if I have an emergency?

If you have any concerns about your foot health in between appointments, please contact the service on 01902 444044. For emergencies that occur outside of normal working hours, please contact your GP, NHS 111 or visit your local Walk in Centre or A&E department.

Personalised Management plan and patient information for:

Clinic:

Date:

Planned review period

Risk score:

Discharged Yes / No

Discharged to: GP / Nurse / Nail care service / Physiotherapist

PIFU: Yes / NoMonths

Other information:

What is my personalised management plan?:

It is important that you follow the advice of your Podiatrist to remain under our care.

Footwear:

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Moisturising creams:.....

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Nail Care:.....

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Stretching:.....

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Equipment provided:.....
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Other:
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Contact Information

Podiatry
The Phoenix Health Centre
Parkfield Road
Wolverhampton
WV4 6ED
Tel: 01902 444044
Monday - Friday, 8:30am-4.30pm excluding bank holidays
www.royalwolverhampton.nhs.uk/index.html
(Search for Podiatry)

Private Practitioners

If we cannot provide your care, there are many Private Practitioners who offer foot care. Details of these can be found in local telephone directories under Podiatrist / Chiropodist. We would recommend that you use a Registered Health Care Profession. To check registration status, look for HCPC registration confirmation within the Practice or check The Society of Chiropodists and Podiatrists Website: www.scpod.org or by searching for:
rcpod.org.uk/find-a-podiatrist#FIND.PODIATRIST
For any emergencies outside of normal working hours please telephone:
NHS 111 service

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。