

Directorate of Oncology and Clinical Haematology
**Hospital Specialist Palliative Care
Team**



Dr. Hans Clean says "The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Wash your hands with soap and warm water and dry thoroughly. Use hand gel, if provided, in care facilities.
- If you have symptoms of diarrhoea and vomiting stay at home and do not visit relatives that are vulnerable in hospital or in residential care. You will spread the illness.
- Keep the environment clean and safe. Let's work together to keep it that way. Prevention is better than cure".



This leaflet has been written to help you understand more about the Specialist Palliative Care Team, the services we provide and how we can support you.

What is palliative care?

Palliative care aims to improve or maintain your quality of life and independence when you have an illness that is not likely to be cured. We are here to support you, your relatives and carers. You may meet us soon after you have been diagnosed or at any stage of your illness.

The team?

The Team includes health care professionals that specialise in palliative care. The Team provides advice and help to you and the Doctors and Nurses looking after you whilst you are in hospital.

The Team meets weekly to discuss your care.

Present at the team meeting are:-

- Medical team members (Consultant and Specialty Registrar)
- Clinical Nurse Specialists
- Occupational Therapists
- Physiotherapists
- Social Workers
- Hospital Chaplain

If you would like to see a member of our team please ask one of the Doctors or Nurses looking after you to refer you.

How can The Team help you?

- Advise you and the team of Doctors and Nurses looking after you about how best to manage your pain and other symptoms
- Offer you and your relatives / carers emotional support

- Try to help you remain as active and independent as possible by supporting you with rehabilitation, walking, breathing techniques and all activities of daily living
- Work with others to enable the smooth running of your care
- Help arrange for equipment and services that you might need when you go home

How are we involved in your care?

Doctors and Nurses looking after you on the ward take overall responsibility for your care. The SPCT help advise them on the specialist care required while you are in hospital. We also liaise with hospice / community palliative care services if you are under their care when at home.

The Department of Spiritual and Pastoral Care

Chaplains and other faith representatives are available at all times to offer pastoral and spiritual care to everyone. Please ask a member of staff to contact them or ask for their patient information leaflet.

Will my personal information be protected?

Yes. All aspects of information about your care will be treated in a confidential manner. Only members of the team looking after you will have knowledge of your care.

How to contact us

The team is available Monday to Friday (excluding bank holidays) between the hours of 08.30 – 17.30 on 01902 695212 (answer phone available).

Where can I get more information about Palliative Care?

Locally

Macmillan Support & Information Centre

Zone C location C1

New Cross Hospital

Wolverhampton WV10 0QP

Telephone: 01902 695234

Email: rwh-tr.cancercarewolverhampton@nhs.net

www.cancercarewolverhampton.nhs.uk

Compton Hospice (Wolverhampton)

Telephone: 0845 2255 497

www.compton-hospice.org.uk

St Giles Hospice (Lichfield)

Telephone: 01543 432031

www.stgileshospice.com

Douglas Macmillan Hospice (Stoke)

Telephone: 01782 344300

www.dmhospice.org.uk

Mary Stevens Hospice (Stourbridge)

Telephone: 01384 443010

www.marystevenshospice/co.uk

Kemp Hospice (Bromsgrove & Redditch)

Telephone: 01562 861217

www.kemphospice.org.uk

St Giles Hospice (Walsall)

Telephone: 01922 602540

www.stgileshospice.com

Dudley Community Macmillan Team

Telephone: 01384 321523

Walsall Community Macmillan Team

Telephone: 01922 602620

Independent Living Service (Wolverhampton)

Telephone: 01902 553666

Wolverhampton Wheelchair Service

Telephone: 01902 444042

Nationally

National Council for Palliative Care (ncpc)

Telephone: 020 7697 1520

www.ncpc.org.uk

NHS Choices

Palliative Care Pages

www.nhs.uk

Dying Matters Awareness Coalition

<http://dyingmatters.org/>

Macmillan Cancer Support

Macmillan is a national charity providing telephone advice and free written information on cancer and support services

Telephone: 0808 808 0000

www.macmillan.org.uk/cancerinformation/endoflife

Marie Curie Cancer Care

Telephone: 0800 716 146

www.mariecurie.org.uk

If you require this document in an alternative format e.g., larger print, different language etc., please inform one of the healthcare staff.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਦਸਤਾਵੇਜ਼ ਹੋਰ ਰੂਪ ਉਦਾਹਰਨ ਵਜੋਂ ਵੱਡੀ ਛਪਾਈ, ਵੱਖਰੀ ਭਾਸ਼ਾ ਆਦਿ ਵਿੱਚ ਚਾਹੀਦਾ ਹੋਵੇ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਕਿਸੇ ਸਿਹਤਸੰਭਾਲ ਕਰਮਚਾਰੀ ਨੂੰ ਬੇਨਤੀ ਕਰੋ।

Polish

Aby uzyskać niniejszy dokument w innym języku lub formacie, np. pisany dużą czcionką, itp., prosimy skontaktować się z przedstawicielem personelu medycznego.

Russian

Если данный документ требуется Вам в альтернативном формате, например крупным шрифтом, на другом языке и т.п., просьба сообщить об этом одному из сотрудников здравоохранения.

Lithuanian

Jeį pageidaujate šį dokumentą gauti kitu formatu, pvz., padidintu šriftu, išversta į kitą kalbą ir t. t., praneškite apie tai sveikatos priežiūros darbuotojui.

Kurdish

ئەگەر ئێمە بەلگەنامەیە بە شێوازیکی دیکە دەخوازیت بۆ نموونە چاپی گەورەتر، زمانیکی دیکە هتد. تکلێه یەکلێک لە کارمەندانی سەریەرشتی تەندروستی ناگەدار بکەر. فو.ه.

Designed & Produced by the Department of Medical Illustration,
New Cross Hospital, Wolverhampton, WV10 0QP Tel: 01902 695377.