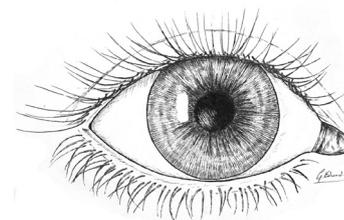


Ectropion

Ophthalmology



This leaflet is for patients that have an outturning eyelid and have been told they need a minor operation to repair this. The aim of the leaflet is to inform you on what to expect during and after your surgery, and explain the benefits, risks, and any alternatives, to help you make an informed decision.

What is Ectropion?

Ectropion is an outward turning of the lower eye lid and lashes. This is due to the eyelid becoming lax with age.

Why do I need surgery?

If the lid remains as it is, the tiny duct on the lid which drains tears away cannot function correctly and results in tears flowing down your face causing you discomfort. You may find that you keep wiping these away and your eye and eyelid can get red and sore.

Consent

The choice about which treatment is best for you will be made together with your Doctor. This will be based on the risks and benefits of the treatment and your individual circumstances. The Doctor will have explained the different treatment options to you and what will happen if you decide not to have any treatment at all.

If you decide not to have treatment you may experience:

- Increase in symptoms
- Ulceration of the eye
- Vision loss

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Before you have the operation you will be asked to sign a consent form. It is important that you understand the information given to you before you decide to have surgery. Consent form information is available in large print on request.

What happens during surgery?

The eyelid can be tightened with a small tuck and stitches to correct its position which involves a minor operation. The eyeball is not touched during the operation.

What type of anaesthetic will be used?

We use local anaesthetic eye drops and an injection into the lower eyelid to numb the area. With a local anaesthetic, you will be awake during the operation.

What do I need to do to prepare for surgery?

You will not be able to drive back home after surgery. Hence, you'll need to organise someone to bring you to hospital and drive you back home.

Where will the surgery take place?

Surgery will take place in our minor operations unit or in theatre.

Can a friend/relative accompany me?

You need to organise someone to bring you to hospital and drive you back home.

How long can I expect the surgery to take, and how long, before I can go home?

Surgery will take roughly 30-40 minutes

You will be able to get home 30-40 minutes after surgery.

Presumably, I will need to arrange for someone to transport me home?

You will need transport to take you home.

What are the benefits?

- Relief of symptoms
- Reduction of eye infection
- Restoring normal appearance of lid

Are there any risks or side effects?

- There may be bruising around the eye. There is very small risk of oozing for first 24 hours. If that happens, use clean tissue to dab the area. If it is continuous please contact the hospital.
- There is a small risk of infection of the lid or eye
- There is a possibility of recurrence or over correction of the eyelid which may require a further operation
- You may have an allergic reaction to the antibiotic ointment or drops. This will cause the eyelids to become swollen and itchy. If this occurs please stop your treatment and contact us for advice

What can I expect after my operation?

You may have your eye padded for up to 24 hours. After the operation, your eye or eyelid may feel sore. If this is so, you may need to take your usual brand of pain relief. Take this as directed and do not exceed the recommended dose. Make sure that you keep the wound and any stitches clean and dry.

There should be very little discharge from the wound, but if necessary you may clean it using warm boiled water and clean cotton wool or tissue. Use a separate piece of cotton wool or tissue for each wipe to the area. It is fine to wash and shower the area as normal after the first few days.

In the unlikely event of bleeding from the eye lid, apply direct pressure to the closed eye using a clean tissue. If the bleeding does not stop please contact the hospital.

- If the Doctor has prescribed ointment or drops for your eye, please use as directed. This is an antibiotic and will help the wound to heal quickly.

Do I have to come back for a check up?

If you have stitches, these may need to be removed in a few weeks time (often two to four weeks). A follow up appointment will be made and this will be given to you before you leave. Occasionally, a small orange rubber tube will be included with the stitches. This will be removed at the same time as your stitches.

Where can I get more information?

We are here to help, please do not hesitate to contact us if you need any further information or advice.

Contact:

Eye Referral Unit

01902 695805

Monday – Friday, 8:00am to 5:00pm

Weekends, 8:00am to 5:00pm

Outside of these hours please attend the main Emergency Department or contact NHS Direct on telephone number 111.

If you have any personal access needs, or require wheelchair access and wish to talk to a member of staff, please get in touch using our contact details.

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。