

ERCP – Results and advice following the procedure

Endoscopy

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

Surname	Unit No
Forename	
Address	DOB
Postcode	(or affix patient label)

Date

Your Endoscopist was

Your nurse was.....

Stent inserted: Yes No

Biopsies / brushings (tissue samples) have been taken:

Yes No

For further results:

You will receive an appointment to be seen:

in an outpatient clinic

Wait for a letter from your Consultant

You will require a repeat / surveillance procedure in:

Aftercare

When can I eat and drink?

You have been given local anaesthetic throat spray to numb the back of your throat. You have to wait until before you can drink when the numbness will have worn off. It is advisable to start with sips of water and then drinks not too hot or too cold. You may then prefer something light and soft to eat before resuming your normal diet in the next couple of days.

When can I take my usual medicines / tablets?

You may take your usual medicines later today and as normal tomorrow.

Special instructions

What instructions must I follow for the next 24 hours?

You have been given sedation and this impairs your reflexes and judgement. Therefore it is very important that you follow these instructions. You must:

- Go straight home and have a responsible adult with you overnight
- Rest for the remainder of the day and have a quiet day tomorrow
- Not drive for 24 hours (car insurance will be invalid)
- Not operate electrical items / operate machinery
- Not drink alcohol
- Not sign any legally binding documents

When I am at home how will I feel?

It is usual to feel a little bloated for a few hours as air has been put into your stomach; this will pass naturally.

You may have a sore throat which should ease in 24-48 hours. Your swallowing may feel a little difficult for a few days and it is advisable to eat soft foods during this time. You may feel drowsy from the sedation for the remainder of the day. It is important to follow the instructions above.

What if I feel unwell at home?

If you have severe abdominal pain, vomit or pass any blood, have a temperature or have chest pain you must telephone for help and advice.

Who do I telephone for advice?

Monday – Friday, 8:00am – 6:00pm contact the Endoscopy Unit 01902 694191 or 01902 695191.

At all other times you should attend the Emergency Department at New Cross Hospital (or your local hospital if this is nearer).

You should explain that you have recently had an Endoscopy and that you are experiencing symptoms as described above. If possible, bring your copy of your Endoscopy report with you, but do not delay if you cannot find this.

Please advise the Doctor in the Emergency Department to inform the ward Gastroenterologist (9:00am to 5:00pm) or the on-call Gastroenterologist out of hours.

It may be necessary for you to stay in hospital overnight.

Useful External Agencies:

Guts UK

The Charity for the Digestive System.

3 St Andrews Place

London

NW1 4LB

Tel: 020 7486 0341

Email: info@gutscharity.org.uk

<https://gutscharity.org.uk/>

PALS

(Patient Advisory & Liaison Services)

Patient Information Centre

New Cross Hospital

Wolverhampton, WV10 0QP

Telephone: 01902 695362

Email: PALS@rwh-tr.nhs.uk

www.pals.nhs.uk

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowałiby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。