

Cystogram

Radiology

Introduction

This leaflet explains:

- What a cystogram is.
- How the examination is undertaken.
- What risks are involved.

What is a Cystogram?

This is an X-ray examination to visualise the bladder. We have been asked to carry out this examination by your consultant.

How long will it take?

This can be variable, usually between 20 - 40 minutes.

Is there any preparation?

There is no special preparation for this examination. You may eat and drink normally. You can take your medication normally. You will need to empty your bladder immediately prior to the cystogram. Please inform the Radiology department before your appointment if you have a urinary infection.

Please contact the Radiology department if you have previously had an allergic reaction to X-ray dye.

Do I need to bring anything with me?

Please bring a dressing gown and slippers if you have them. Do not bring unnecessary amounts of money or valuables.

It would be helpful to bring a relative or friend to the department with you.

The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

What happens during a Cystogram?

You will be asked to change into a gown. You should place your clothes in the basket provided and keep it with you at all times. You should already have a urinary catheter in your bladder prior to this examination. Occasionally you may have been sent for this examination but not have a catheter in situ. On these occasions we will insert a catheter when you arrive for your examination and remove it before you leave.

A contrast dye (a liquid which shows up on X-ray) will be run into the bladder via the catheter. X-ray pictures of the bladder will be taken.

What if I am Diabetic?

No specific requirements

Are you pregnant?

To ensure that you are not pregnant you should have this examination between the 1st and 10th day of your menstrual period.

If you have not started your period in the 10 days before this appointment or you are actively trying for a family please contact the Radiology department, as it may be necessary to rearrange your appointment.

Please contact the Radiology department as soon as you receive this appointment if you think you may be pregnant.

Are there any risks or side effects?

There is an increased risk of developing a urinary tract infection following this examination. This applies if you already have a urinary catheter in situ or have one inserted on the day of your examination. To identify a urinary tract infection, look out for the following symptoms:

- A frequent or intense urge to urinate, even though little comes out when you do.
- Pain or pressure in your back or lower abdomen.
- Cloudy, dark, bloody, or strange-smelling urine.
- Feeling tired or shaky.
- Fever or chills (a sign the infection may have reached your kidneys).

If you develop symptoms of a urinary infection following the procedure, you should consult your GP, however in an emergency seek urgent medical attention.

Are there any risks or side-effects from radiation?

There are some risks involved with the use of X-rays.

The overriding concern of your doctor and radiology is to ensure that when radiation is used the benefits from making the right diagnosis outweigh any small risk involved.

Radiologists / radiographers who perform the examination are trained to ensure that the radiation dose associated with the examination is always kept to a minimum.

What happens after the examination?

You may eat and drink normally. The examination usually causes no significant problems and you may return to work if required. If you have been given instructions to do so you will need to attend the day case unit to be seen by your doctor or consultant following the examination.

You should drink plenty of fluids following the procedure to minimise the risk of developing a urinary infection.

When will I get the results?

The X-rays need to be studied and a report issued, so we may not be able to give you your results straight away. The radiographer will advise you where and when to get your results.

Student training

A student radiographer may be present during the examination. If you would prefer them not to be present, please let the radiographer know at the time.

Special needs

If you have any special needs, which are likely to affect your examination, please contact the Radiology department.

Car Parking

Please leave plenty of time to find a parking space as parking is limited. The nearest car park to the Radiology department is P6 situated on the south side of the hospital (charges are applicable).

How to contact us

If you have any questions or would like to discuss anything about your examination, before you attend, please contact the Radiology department on 01902 694062 available between 09:00 and 16:00, Monday to Friday.

Radiology department A2

Level one
New Cross Hospital
Wolverhampton
West Midlands
WV10 0QP

Patient Advice and Liaison Service

New Cross Hospital
01902 695362
Email: rwh-tr.pals@nhs.net

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。