

Community Intermediate Care Team (CICT)



The prevention of infection is a major priority in all healthcare and everyone has a part to play.

- Wash your hands with soap and warm water and dry thoroughly. Use hand gel, if provided, in care facilities.
- If you have diarrhoea and vomiting please advise team as we need to prevent spread of infection
- Keep the environment clean and safe. Let's work together to keep it that way. Prevention is better than cure.

What does the Community intermediate care team do?

The CICT work with people in their home to help them to be as independent as possible. The team operational hours are 8am to 10pm daily. It is a free service.

Our aim is:

To provide short term rehabilitation in the person's own home usually following illness or injury to prevent hospital or care admission or to support to discharge.

Who is eligible for our service?

- People over 18 years of age who have a Wolverhampton GP and / or resident of Wolverhampton
- People who are medically stable
- People who have specific goals and potential to improve their independence in activities of daily living

What does our service provide?

- Home assessment to identify needs and goals for intervention
- Advice and assistive equipment involving family and carers if appropriate
- Develop a rehabilitation plan which may include Occupational Therapy, Physiotherapy or specific nursing interventions
- Regular reviews and progression of rehabilitation plan
- Opportunities for the person to express their wishes and preferences about their rehabilitation plan

How frequent are visits and for how long?

- On assessment we agree the initial number of visits per week with the person
- We review progress and amend this plan. We usually reduce the number of visits per week as the person improves
- The length of time we see people for varies from a few days to a few weeks. The length of time depends on the assessment of needs and the individual's progress

What do we expect from people receiving our service?

- To work with staff to develop realistic goals that can be achieved during a short intervention
- To develop self-management skills with the encouragement of the team and carers / family if appropriate

- To fully participate in rehabilitation plan; for example completing home exercises, practising everyday tasks such as making hot drinks or negotiating steps or stairs as advised by team
- To inform the team if they will not be able to receive the service for example attending appointments

What staff might visit a person at home?

The staff visiting a person depends upon their needs but the team includes: Nurses, Physiotherapists, Occupational Therapists, Rehabilitation Assistants, Senior Support Workers and Therapy Technicians.

Who is not suitable for CICT?

- People who do not have realistic rehabilitation goals that can be addressed by a short intervention
- People who are unable to participate in a rehabilitation plan
- Where the need is for a long term care package and the person does not have rehabilitation potential

Who can refer to the team?

Health and social care staff.

How do you refer to the team?

- Direct referral on hospital discharge can be made as part of the Discharge to Assess process
- Referral enquiries for CICT intervention need to be made via the Wolverhampton urgent care triage service (WUCTAS)
WUCTAS 01902 443322

On receipt of referral enquiry the CICT triage clinician will contact the referrer and establish whether the person is suitable for intervention from the team.

What if the person needs other services on discharge from CICT?

If the person needs on-going support from other services we will discuss this with them and make the referrals with their consent.

Typically this may include:

- Telecare
- Falls prevention service
- Outpatient therapy services
- Social services
- District nursing
- Social services Occupational Therapy

English

If you need information in another way like easy read or a different language please let us know.

If you need an interpreter or assistance please let us know.

Lithuanian

Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.

Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.

Polish

Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.

Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.

Punjabi

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਆਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।

Romanian

Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.

Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.

Traditional Chinese

如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。

如果您需要口译人员或帮助，请告诉我们。