

Blue inhaler treatment log

Surname	Unit No
Forename	NHS No
Address	DOB
Postcode	(or affix patient label)

It is the **first day** since I was discharged home, the amount of blue inhaler I need should be less than I needed when I was in hospital.

Date	Time	Symptoms	Puffs given

It is the **second day** since I have been discharged from hospital, the number of puffs of my blue inhaler I need should be **less than** the first day and I should not need this as often. **If I am still needing my blue inhaler 4-6 hourly, I need a review by my GP.**

If I still need my blue inhaler regularly for **five days** after discharge from hospital, I must be taken to the GP surgery or attend my local urgent care centre or A&E for a doctor to review my symptoms. **If I need 10 puffs of my blue inhaler and this does not help my symptoms I need to go to A&E.**

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