

# Bandage Contact Lenses

Ophthalmology

## Introduction

This leaflet is intended for patients who need to wear a bandage contact lens for a period of time.

## What is bandage contact lens?

A bandage contact lens is a soft lens which does not have any focusing power. It is not intended to improve your vision, but designed to protect diseased cornea from the mechanical rubbing of the blinking eyelids, therefore allowing it to heal. The bandage contact lens often makes the eye feel more comfortable.

## Do I need to do anything before my procedure?

## Will I feel the bandage contact lens?

You may be aware of the lens when it is placed on the front of the eye but after few minutes the eye should become more comfortable.

## How will the bandage contact lens be inserted?

The bandage contact lens will be inserted by the doctor, or the optometrist or the nurse at the hospital. It will stay in your eye until your next hospital appointment. Most people need the bandage contact lens for short periods. Occasionally you might need to wear bandage contact lens on a long term basis. Your doctor and or Optometrist will discuss with you all the benefits of wearing a lens for longer periods.

## What are the benefits of bandage contact lens?

## What are the complications and side effects?

Please contact us immediately if you experience any of the following:

- Your vision suddenly goes hazy or blurred
- Your eye becomes red and painful
- Stickiness
- Your eye becomes watery or has discharge
- You are unable to see clearly

**The prevention of infection is a major priority in all healthcare and everyone has a part to play.**

- Please decontaminate your hands frequently for 20 seconds using soap and water or alcohol gel if available
- If you have symptoms of diarrhoea and/or vomiting, cough or other respiratory symptoms, a temperature or any loss of taste or smell please do not visit the hospital or any other care facility and seek advice from 111
- Keep the environment clean and tidy
- Let's work together to keep infections out of our hospitals and care homes.

## What should I expect after the procedure?

After sleeping with the bandage contact lens in your eye, your eye may feel dry first thing in the morning. You will be given some lubrication eye drops to use at night before going to bed and first thing in the morning.

Occasionally you may notice that the bandage contact lens becomes dislodged or even falls out. If this occurs please contact the team using the numbers below.

## How do I take care on the bandage contact lens?

You must not swim in the lens. Take care when showering. Wash and dry hands before touching the face and around the eye - this is to reduce the risk of infection.

## When do I come back for follow up?

You may be advised before you go home when your follow up appointment will be. However, if you are advised that your appointment will be sent to you in the post and you do not receive one within the expected time, please contact the team using the numbers below.

## What should I do if I need advice or information?

Staff in ophthalmology are here to help and contactable as follows:

### **Eye Referral Unit**

01902 695805

Monday - Friday, 8:00am – 5:00pm, weekends, 8:00am – 5:00pm

### **Mary Jones Ward**

01902 695801

Monday - Friday, 7:00am – 7:30pm

### **Outpatients Department**

Monday - Friday, 8:30am – 5:00pm

01902 695831

Outside of these hours, please attend the main emergency department (ED) or contact NHS Direct on telephone number 111.

## **English**

**If you need information in another way like easy read or a different language please let us know.**

**If you need an interpreter or assistance please let us know.**

## **Lithuanian**

**Jeigu norėtumėte, kad informacija jums būtų pateikta kitu būdu, pavyzdžiui, supaprastinta forma ar kita kalba, prašome mums apie tai pranešti.**

**Jeigu jums reikia vertėjo ar kitos pagalbos, prašome mums apie tai pranešti.**

## **Polish**

**Jeżeli chcieliby Państwo otrzymać te informacje w innej postaci, na przykład w wersji łatwej do czytania lub w innym języku, prosimy powiedzieć nam o tym.**

**Prosimy poinformować nas również, jeżeli potrzebowaliby Państwo usługi tłumaczenia ustnego lub innej pomocy.**

## **Punjabi**

**ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ, ਜਿਵੇਂ ਪੜ੍ਹਨ ਵਿਚ ਅਸਾਨ ਰੂਪ ਜਾਂ ਕਿਸੇ ਦੂਜੀ ਭਾਸ਼ਾ ਵਿਚ, ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।**

**ਜੇ ਤੁਹਾਨੂੰ ਦੁਭਾਸ਼ੀਏ ਦੀ ਜਾਂ ਸਹਾਇਤਾ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸਾਨੂੰ ਦੱਸੋ।**

## **Romanian**

**Dacă aveți nevoie de informații în alt format, ca de exemplu caractere ușor de citit sau altă limbă, vă rugăm să ne informați.**

**Dacă aveți nevoie de un interpret sau de asistență, vă rugăm să ne informați.**

## **Traditional Chinese**

**如果您需要以其他方式了解信息，如易读或其他语种，请告诉我们。**

**如果您需要口译人员或帮助，请告诉我们。**